

LAGERHOLM

CABINS - SAUNAS - SAUNA STOVES - SAUNA ACCESSORIES

FINNSAUNA

Feel good
THE SAUNA

Escaping routines
at the Cabin

FINNISH WOOD
as raw material





ROMA 2001 - STEAM ROOMS

An ideal supplement for a sauna, or total relaxation of Roman-style.

With steam, breathing is easy. Steam can help cure illnesses (e.g. rheumatism, infections of respiratory organs, muscle strains, etc.). Not to mention the cosmetic benefits of hot steam.

The steam rooms are made of ABS-reinforced 8 mm thick acrylic sheets. The thickness of the seat is approx. 16 mm. Colour: white. The vent below the door and the adjustable outlet valve in the ceiling ensure sufficient ventilation.

The delivery includes the necessary equipment, steam nozzles (the number of the nozzles vary according to the size of the steam room), a low voltage lamp with matt glass cover, an adjustable duct vent, a base frame made of aluminium profile and all other fixings.

The insulation material, outer wall facing and flooring are not included in the delivery.

ROMA 2001				
Type	Width	Depth	Height	Steam generator
in cm, approx				
R-I	110	110	210	LGS45
R-II	210	110	210	LGS90
R-III	210	210	210	LGS90
R-IV/1	210	210	210	LGS90
R-IV/2	210	210	210	LGS90
R-IV/3	210	210	210	LGS90

CONTROL BOX DIGI- STEAM

An easy-to-use digital control box for the LGS steam generator. It also controls the use of the scent pump, lights and ventilator.

STEAM GENERATOR LGS45 - LGS11

4,5 - 10,8 kW

The LGS steam generator is modern and easy-to-use, suitable for both home use and public areas.

The device can be easily installed and the connections have standard measures. There is no need for a separate installation stand. The steam generator is splash-proof and it can be equipped with an automatic drain vent. All the removable parts can be easily detached.

The steam generator can be optionally equipped with an essence pump kit and an automatic drain vent to enhance comfort.

Dimensions: Width 520 mm, depth 196 mm, height 411 mm
Weight: (water tank empty) 11 kg, (water tank full) 14 kg

IMPORTANT ADVICE FOR PLANNING AND INSTALLATION

THE ROMA 2001 STEAM ROOM:

- The floor must be inclined to the central drain (Tiled floors are recommended)
- Air outlet should be connected outdoors
- The steam room is installed from the outside, so you should leave at least 50 cm of free space on two sides of the steam room
- The steam generator should be placed in a moisture-proof and well-ventilated location, away from noise (the device produces heat)
- Voltage 400 V 3 phase
- A permanent cold water supply with 2 to 5 bar pressure is available
- A water treatment system must be installed in hard water area (always recommended for public steam rooms)
- The steam generator should be installed no more than 5 m away and above the outlets.



STEAM GENERATOR		Recommended steam room size (m³)						Steam output capacity kg/h	230 V 1N~		400 V 3N~	
Model	Output (kW)	Light wall (acrylic, etc.)		Tiled light wall		Tiled stone wall, etc.			Cable mm²	Fuse A	Cable mm²	Fuse A
		Ventilated	Not ventilated	Ventilated	Not ventilated	Ventilated	Not ventilated					
LGS45	4,5	2,0-5,0	2,0-7,0	2,0-4,0	2,0-6,0	2,0-3,5	2,0-4,5	5,5	3 x 6	25	5 x 1,5	3 x 10
LGS60	5,7	2,5-8,0	3,5-11,0	2,0-6,0	3,0-9,0	2,0-5,0	2,0-7,5	7,6	3 x 6	25	5 x 1,5	3 x 10
LGS90	9	6,0-12,0	9,0-17,0	4,5-10,0	7,5-14,0	3,0-8,0	6,0-11,5	12,0	-	-	5 x 1,5	3 x 16
LGS11	10,8	10,0-14,5	15,0-21,0	8,0-12,0	12,0-17,0	6,0-10,0	10,0-14,0	14,6	-	-	5 x 1,5	3 x 16

INFRARED CABIN - EASY TO PLACE, EASY TO USE

The infrared rays of an infrared cabin warm your skin where needed. The difference between an infrared cabin and a sauna is that infrared rays heat the body and muscles rather than heating the surrounding air, as occurs in the traditional sauna. In the Lagerholm Finnsauna's infrared cabins, the length of the infrared rays are 4,000 – 4,500 nm, so infrared cabins are safe and comfortable, as the rays won't penetrate the tissue too deeply.

However, you should consult your physician about any health-related limitation before using the infrared cabin.

It is easy to install an infrared cabin, as no water connection is needed. The electric connections have been made in the factory, and the Finninfra cabins work on a plug-in basis. For a maximum comfort, the infrared cabin should be placed near the shower. The infrared cabin is ready for use in approx. 20 minutes. The heat is automatically turned off if the temperature exceeds 50°C (122°F).

Lagerholm Finninfra infrared cabins are available in two different models and in four different sizes. The walls and the straight elements of the Finninfra Elegant are made of chipboard sheets and the curved corner elements of metal. The Finninfra Variant is made of panel elements where light and dark heat-treated aspen has been combined in the outer walls. The internal walls are made of spruce and the seats get their particular looks from light abach and heat-treated aspen.

The Variant infrared cabins are available in three different sizes. The standard delivery includes an IRC6 control box and 4-5 infrared heaters depending on the cabin type. In addition to these features, the Elegant model has two IR150W heat lamps for the feet. A separate light is not necessary for the cabin as the light provided by the heaters is sufficient.



FINNINFRA ELEGANT

FINNINFRA VARIANT

INFRARED HEATER, TECHNICAL DETAILS

Supply voltage: 230 V

Maximum power consumption:
400 W + 35 W (for lamp)

Wavelength area of the radiator: 4000 - 4500 nm

The material of the resistors: Stainless steel



CONTROL IRC
(placed inside the cabin)



ADDITIONAL ACCESSORIES

Loudspeakers, 2pcs
waterproof, resistant up to
120°C, 80 W
colour: white
measurement: ø 16 cm

INFRARED CABIN



- Blue is the colour of truth, calmness and balance.
- Green expresses inner peace and harmony
- Red represents energy, action and power
- Yellow is a tone associated with Intelligence, the colour of understanding

LIGHT THERAPY THERALUX

While maintaining the sauna tradition, Lagerholm Finnsauna wants to spread the sauna culture internationally while fulfilling the requirements of today's modern consumers. One example of this is the light therapy, which can make the sauna experience even more relaxing. Make your sauna experience even more enjoyable and try Theralux light therapy. The Lagerholm Theralux light therapy consists of 1 x 50 W or 2 x 35 W light units and a separate control box. The intensity and changing speed of the lights (blue, green,

red and yellow) can be regulated by the control box. The size of the light therapy unit is 47 (W) x 20,5 (D) x 100 (H) cm, and it can also be installed in the sauna afterwards. The unit with wood parts of abachi is installed vertically in the corner of the sauna room between the bench and the ceiling. In addition to the light therapy unit, you can also install loudspeakers in the sauna and thus combine the effect of light and music.

LIGHT THERAPY

A full-service fitness-house for your well-being

