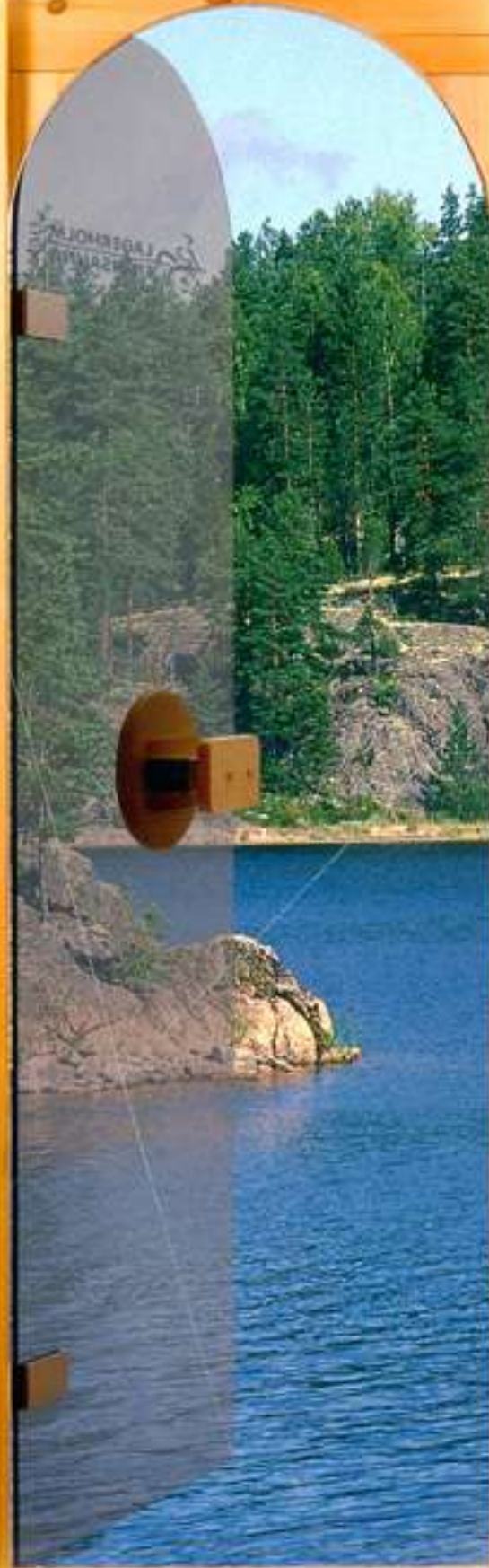


Wellness from Finland



Sauna

Infrared

Steambath

For Your Wellbeing

The sauna is actually no new invention. The sauna goes back over 2000 years in time and has gone through various phases. Sauna is a way of living, which does not cost much. Sauna is feeling, scents, warmth, humidity and peace of mind.

SAUNAS

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STEAM BATH

Page 27

We all want to get away from the stress of today's hectic world. What a better way than to dedicate a few hours to yourself, alone or accompanied by friends or family.

Lagerholm offers you different ways of relaxation; sauna, infrared cabins and steam cabins. The stress releasing effect starts from the moment you decide to take a bath, either if it is a sauna bath, an infrared session or a steam bath.

There are many ways to bath, but the SAUNA is the only  ORIGINAL FINNISH way to bath.



SAUNA FROM FINLAND

What is sauna?

Sauna means:

- relaxation for both mind and body
- warm and soft sauna skin
- nice natural aromatic scents
- the total sense of purity
- soft values
- a feeling of unity with nature





There are different types of saunas, e.g. the smoke sauna, the woodheated sauna and the electric sauna.

The electric sauna is the most common today as it is the easiest to use. The smoke sauna is getting more rare in private use, but is still highly valued by enthusiasts. The woodheated sauna is most common in outdoor saunas and summer cottages and has a very special place in many peoples hearts.

The true Finnish sauna is a so called dry sauna with less humidity than in a steam room, and with the ability to regulate the humidity yourself with the amount of water thrown on the sauna stones. The higher temperature in the sauna prevents too much humidity from accumulating. The warm and mainly dry sauna air in itself is the best beauty-parlor for your skin.

The mainly dry sauna is the best way to force sweat out of your pores, all excess waste products are eliminated from the body and skin leaving it 100 % clean. Sauna

causes natural perspiration. The mainly dry air of the sauna prevents humidity from attaching to your skin and blocking the pores, allowing the natural release of excess waste products from your skin.

The sauna also increases your pulse rate and cardial output, the enjoyment of the sauna can also help alleviate long-term stiffness, tension, sensitiveness and pains in muscles and joints. The feeling of deep relaxation after the sauna helps many people to fall in sleep with the sleep tending to be longer and deeper.


Ventilation is a very important word connected to sauna bathing. The correct ventilation with air inlets and outlets provides the sauna with sufficient fresh oxygen, which is vital for a good sauna bath.

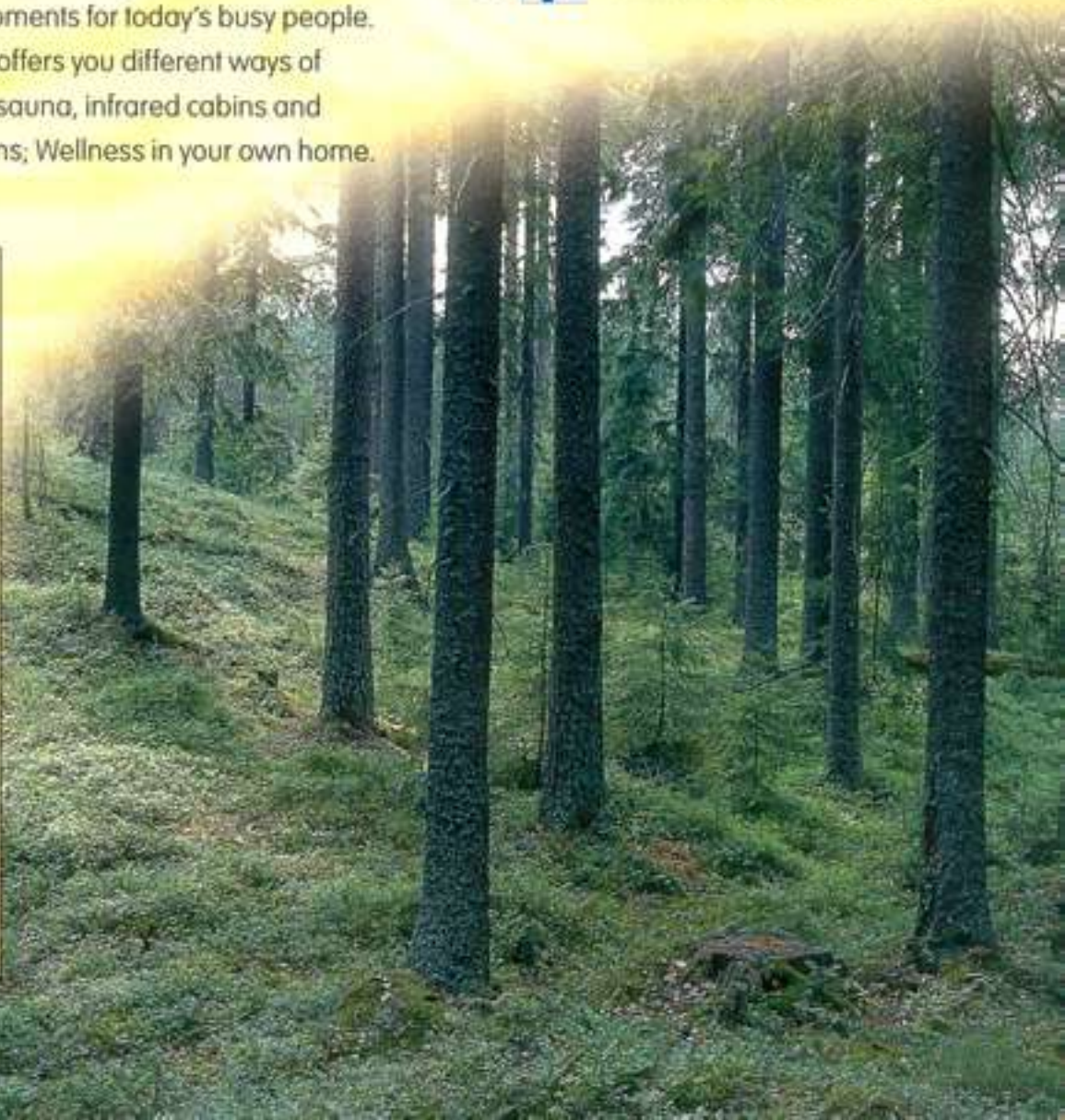
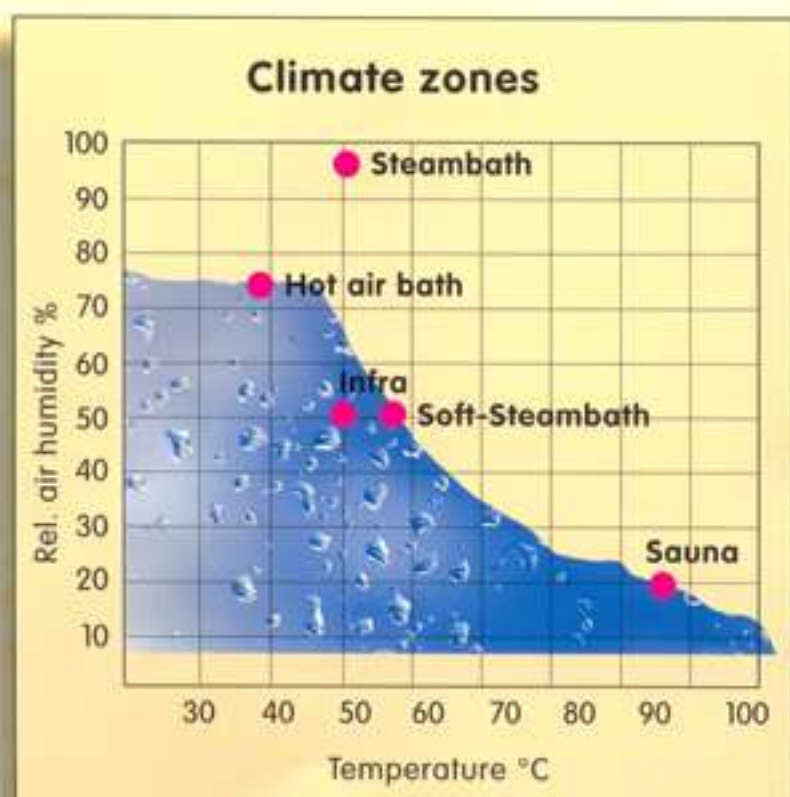
Lagerholm Finnsauna is a full-service fitness-house, offering wonderful and relaxing moments for today's busy people. Lagerholm offers you different ways of relaxation; sauna, infrared cabins and steam cabins; Wellness in your own home.

Lagerholm only uses slowly grown quality wood from the best spruce regions in Finland. Due to the slow growth, the medium width of the annual growth rings remains small and has the best quality characteristics for saunas.

Lagerholm also respects the nature. All timber waste is recycled, using special technology to turn sawdust into briquettes for the local power station. The forests are a renewable natural source and the wood in our saunas comes from well controlled and cultivated forests.

*Sauna is the haven of
Peace and Calmness.*

The Lagerholm products are as genuinely  Finnish as the Santa Claus!



Sisu®

Fits everywhere

PANEL SAUNA



Sauna cabin assembled from prefabricated panel elements made of fine grained Finnish spruce. Inside and out beautiful 14,5 mm thick tongued and grooved softline panelling. Moisture barrier with mineral wool insulation in between.

Complete instructions supplied for **"do-it-yourself"** assembly and installation.

The sauna is delivered with beautifully designed rounded benches, back support, stove guard rail and head rests in **new style**. Duckboards are of high grade pine. Third bench is included in standard delivery (not in Sisu 1.3x1 / 1.5x1.5 / 2x1.5 / 1.5x1.5 E and 2x1.5 E). The sauna is supplied with fitted conduits for electric cables and an airvent.

The standard door, which is double rebated, is supplied with latch, rustless fittings and fastenings. The door can be hung left or right or positioned in the middle or at the left or right side of the front wall (except Sisu 1.3x1 and 2x3).

The twelve Sisu types

Sisu – rectangular sauna

Type	Width	Depth	Height	Stove kW	Approx. number of bathers	
					Lying down	Sitting
1.3 x 1	130	104	200	3	–	2
1.5 x 1.5	148	148	200	4,5	–	3
2 x 1.5	192	148	200	6	2	4
2 x 2	192	192	200	6	3	5
2 x 2.2	236	192	200	8	3	6
2 x 2.5	262	192	200	8	3	6
2 x 3	280	192	200	9	4	10

Sisu – "corner" sauna

Type	Width	Depth	Height	Stove kW	Approx. number of bathers	
					Lying down	Sitting
1.5 x 1.5 E	148	148	200	4,5	–	3
2 x 1.5 E	192	148	200	6	2	4
2 x 2 E	192	192	200	6	3	5
2 x 2.2 E	236	192	200	8	3	6
2 x 2.5 E	262	192	200	8	3	6



Additional options available (at extra price):

- Sisu-sauna with bronze-tinted glass door
- Optilight with halogen lights
- Custom-made saunas
- Bench skirt

Sisu® De Luxe

First-class

The Sisu – De Luxe types give you the possibility of having your sauna made of **almost knot-free pine**. All Sisu De Luxe models are delivered with a **glass door**, otherwise the delivery contents are the same as for the Sisu types. The sizes of the saunas are as for the Sisu types above.

Sisu® Royal

Style–Pleasure–Quality



Optilight with halogen lights as additional option

The nine Sisu® Royal and Royal Luxe types

Sisu Royal						
Type	Width	Depth	Height	Stove kW	Approx. number of bathers	
	Approx. in cm				Lying down	Sitting
Sisu Royal – rectangular sauna						
2 x 1.5	192	148	200	6	2	4
2 x 2	192	192	200	6	3	5
2 x 2.2	236	192	200	8	3	6
2 x 2.5	262	192	200	8	3	6
2 x 3	280	192	200	9	4	10
Sisu Royal – "corner " sauna						
2 x 1.5 E	192	148	200	6	2	4
2 x 2 E	192	192	200	6	3	5
2 x 2.2 E	236	192	200	8	3	6
2 x 2.5 E	262	192	200	8	3	6

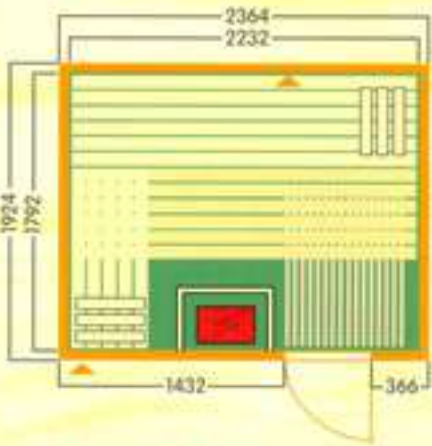
The sauna that has everything:
Beautiful **new Royal softline design** – for maximum bathing pleasure in a true quality product. The calming, Roman-inspired appearance of this sauna gives you a chance to let your thoughts fly far away. The rounded glass door and window enable light to freely enter into the sauna giving a sense of spaciousness.

Sisu® -Royal – The essential details

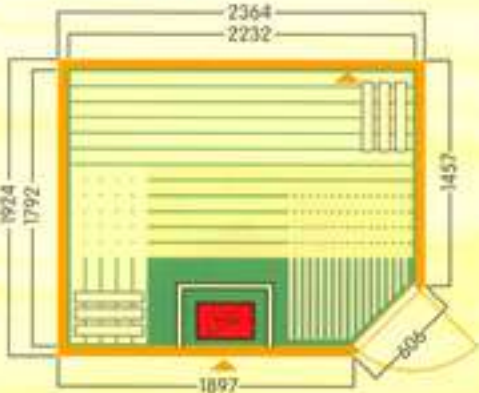
Complete sauna timber delivery of spruce. Strong stylishly designed benches, a bench skirt and back support, head rests and stove guard rail – all of aspen wood. The third bench is included in the Sisu Royal types 2x2 / 2x2.2 / 2x2.5 / 2x2 E / 2x2.2 E and 2x2.5 E. Duckboard, rust-proof fittings, screws and nails are included along with instructions for "do-it-yourself". Rounded bronze-tinted door of tempered safety glass, hung right. Door hung left available as per separate order. Colour of the rounded window matches the door colour. The sauna panels are fastened to the frame by means of nails and glue.

Samples of Sisu floor plans

Sisu 2 x 2,2



Sisu 2 x 2,2 E



Sisu® Royal Luxe

The Superlative

The Sisu -Royal Luxe is an option of Sisu Royal made of **almost knot-free pine**. The delivery contents and the cabin sizes are the same as for the Sisu Royal types.

ORIGINAL FINNISH SAUNA STOVES

The Lagerholm stoves are a good complement to the wide range of both in- and outdoor sauna cabins. The complete offer of the Lagerholm Sauna Stoves includes stoves within the electrical output of 2,3 to 33 kW, as well as steamer and wood-heated stoves.

All Lagerholm stoves are Original Finnish Sauna Stoves.

When choosing the correct output following details should be taken into consideration:

- The walls and the ceiling of an electrically heated sauna should be well insulated.
- If the sauna has non-insulated surfaces like glass, brick walls etc., the room cubage must be increased by approx. 20 %.
- The importance of ventilation should also be emphasized. With good

ventilation the most enjoyable sauna experience is guaranteed.

- The standard electric connection is 230 V 1N~/400V 2N~ for Finnmini® and for the other models 400V 3N~.
- Other electric currents are available on separate request. In markets where single phases are normal, the stoves are equipped accordingly.

Mounting details:

Many of the wall mounted stove models are delivered with an installation bracket, which facilitates the mounting of the stove. Some stoves with built-in control (Finnheat, Finntherio) can be installed left- or right handed, which facilitates the placing of the stove. Except for the big stoves, the stoves are wall models. All stoves come with detailed instructions for installation and use.

THE STOVES MAY ONLY BE CONNECTED TO THE ELECTRICAL NETWORK IN ACCORDANCE WITH THE CURRENT REGULATION BY AN AUTHORISED PROFESSIONAL ELECTRICIAN.

Please note the marking of the different models:

E always stands for stoves with separate control box. Marking **without E** indicates that the stove is delivered with built-in control.

Sauna Stones

Every stove, electric or woodburning, is delivered with the required amount of sauna stones. The stones are tested thoroughly and contain no harmful substances.

Finnmini®

D23 (E, EE), D36 (E, EE), D29EE



The Finnmini model is available with built-in or separate control.

This triangular model is a real space-saver. The stove can be placed in a corner or on a straight wall.

Please note that the special wooden stove guard rail is to be ordered separately for this stove. The stove is easily mounted to the delivered wall bracket.

See adjacent table for more technical details.

FIMKO/CCA-approved.

Stove dimensions: width 34 cm, depth 20 cm, height 63,5 cm.								
Stove type	Power kW	Recommended sauna room size min-max m²	Ceiling height min cm	Stone container kg	400 V 2 N~		230 V 1 N~	
					Connecting cable mm²	Fuse A	Connecting cable mm²	Fuse A
D23, D23E, D23EE	2,3	1,3 – 2,5	170	11	4 x 1,5	2 x 10	3 x 1,5	10
D36, D36E, D36EE	3,6	2 – 4,5	170	11	4 x 1,5	2 x 10	3 x 2,5	16
D29EE	2,9	2 – 4	170	11	4 x 1,5	2 x 10	3 x 2,5	13

Control box: D23 – D36: built-in, D23E – D36E: EL-1, EE-types: digital control box



Stove guard rail of abachi, for assembly in a corner

Finnheat®

KIP 45-90 (E)



The low priced model with built-in or separate control. Delivered with heating capacity from 4,5 to 9 kW.

The stone container is made of alu-zinc or of stainless steel (additional cost) and the stove top is delivered in stainless steel. The stone container carries approx. 20 kg stones, which gives an even and efficient heat.

See adjacent table for more technical details. FIMKO/CCA-approved.

Stove dimensions: width 41 cm, depth 28 cm, height 60 cm.

Stove type	Power kW	Recommended sauna room size min-max m ²	Ceiling height min cm	Stone container kg	400 V 3 N~	
					Connecting cable mm ²	Fuse A
KIP45, KIP45E	4,5	3-6	190	ca.20	5 x 1,5	3 x 10
KIP60, KIP60E	6	5-8	190	ca.20	5 x 1,5	3 x 10
KIP80, KIP80E	8	7-12	190	ca.20	5 x 2,5	3 x 16
KIP90, KIP90E	9	8-14	190	ca.20	5 x 2,5	3 x 16

Control box: KIP45 - 90: built-in, KIP45E - 90E: EL-1

Finnmedio® Finnterio®

M45-M90 (E)

Top class Finnish Sauna Stove! The design of this stove features the modern market trend. The stone container is available in alu-zinc. The stove top is made of stainless steel. Large stone container carrying appr. 20 kg stones. The stove is also available in black. The stove is easily mounted using the included wall bracket. Fitted with three heating elements, the stove warms up efficiently and uniformly.

See adjacent table for more technical details. FIMKO/CCA-approved.

Stove dimensions: width 41 cm, depth 29 cm, height 65 cm.

Stove type	Power kW	Recommended sauna room size min-max m ²	Ceiling height min cm	Stone container kg	400 V 3 N~	
					Connecting cable mm ²	Fuse A
M45 and M45E	4,5	3-6	190	20-25	5 x 1,5	3 x 10
M60 and M60E	6	5-8	190	20-25	5 x 1,5	3 x 10
M80 and M80E	8	7-12	190	20-25	5 x 2,5	3 x 16
M90 and M90E	9	8-14	190	20-25	5 x 2,5	3 x 16

Control box: M45 - M90: built-in, M45E - M90E: EL-1

Finnmedio M45E-M90E



Finnterio M45-M90

Finnroyal

KV45-80 (E)



This elegant stove is easily mounted using the included wall bracket. The stove container is of stainless steel and carries appr. 20 kg stones.

Finnroyal works with built-in or external controls. The built-in control box is placed towards the top section of the stove. An illuminated switchboard helps operating even in a dark sauna cabin.

The other alternative is to operate the stove with an external control box EL-1.

See adjacent table for more technical details. FIMKO/CCA-approved.

Stove dimensions: width 42 cm, depth 30 cm, height 63 cm.

Stove type	Power kW	Recommended sauna room size min-max m ²	Ceiling height min cm	Stone container kg	400 V 3 N~	
					Connecting cable mm ²	Fuse A
KV45 and KV45E	4,5	3-6	190	20	5 x 1,5	3 x 10
KV60 and KV60E	6	5-8	190	20	5 x 1,5	3 x 10
KV80 and KV80E	8	7-12	190	20	5 x 2,5	3 x 16

Control box: KV45 - 80: built-in, KV45E - 80E: EL-1

KV50SE-90SE, T7CE-T9CE



Both models are of stainless steel. The front of the KV-models comes in the standard colour, whereas the sides are of stainless steel. The models are delivered with soapstone cups to hold liquid fragrances and a stainless steel grate for bags of aromatic fragrances.

The Finncombi stoves are delivered with a manually or automatically filled water tank. Works with separate control box.

See adjacent table for more technical details. FIMKO/CCA-approved.

Stove dimensions: width 40 cm, depth 36 cm, height 64 cm						
Stove type	Power kW	Recommended sauna room size min-max m ³	Ceiling height min cm	Stove container kg	400 V 3 N -	
					Connecting cable mm ²	Fuse A
KV50SE	5	3-6	190	25	5x1,5+2x1,5	3 x 10
KV60SE	6	5-8	190	25	5x1,5+2x1,5	3 x 10
KV80SE	8	7-12	190	25	5x2,5+2x2,5	3 x 16
KV90SE	9	8-14	190	25	5x2,5+2x2,5	3 x 16
Stove dimensions: width 46,5 cm, depth 34,5 cm, height 66 cm						
T7CE	7	6-9	190	35	5x2,5+2x2,5	3 x 16
T9CE	9	8-14	190	35	5x2,5+2x2,5	3 x 16
Control box: CS10.5						

F10,5E, F15E, F16E, F18E



This floor-model stove is excellent for both large family saunas and community saunas where high quality and distinguishing features are valued. The stove can be mounted in the middle of the floor of the sauna room or next to a wall (pls. check the safety distances).

The stove functions with a separate control box and a thermostat.

As an additional accessory there is a wooden illuminated stove guard rail with four lights to be ordered. A 4x10 W (halogen lamps) illuminated handrail is sufficient to provide lighting in the sauna. FIMKO/CCA-approved.

Stove dimensions: width 50 cm, depth 50 cm, height 70 cm (without stove guard rail)						
Stove type	Power kW	Recommended sauna room size min-max m ²	Ceiling height min cm	Stone container kg	400V 3 N-	
					Connecting cable mm ²	Fuse A
F10,5E	10,5	9-18	210	60	5 x 2,5	3 x 16
F15E	15	14-26	210	60	5 x 6	3 x 25
Control box: EL-2						
F16E	16	16-30	210	60	5 x 6	3 x 25
F18E	18	20-35	210	60	5 x 10	3 x 35
Control box: C260						

V45E-V80E



The Carissima sauna stove with separate control unit is a completely new stove with silent operation. Next to a digital control, this stove offers you many significant advantages: a constant and even temperature, longer-lasting heating elements, a shorter heating phase.

The stove is turned on at the operating panel where you easily can adjust the temperature, the running time and the preheating time. The numbers will show digitally on the front panel. The operating panel is placed on a separate operating panel. The separate panel can be placed either on the out- or inside of the sauna.

The Carissima stove is available from 4,5 to 8 kW.

FIMKO/CCA-approved.



Separate control

Stove dimensions: width 41 cm, depth 31 cm, height 58 cm						
Stove type	Power kW	Recommended sauna room size min-max m ²	Ceiling height min cm	Stove container kg	400V 3 N~	
					Connecting cable mm ²	Fuse A
V45E	4,5	3 – 6	190	20	5 x 1,5	3 x 10
V60E	6,0	5 – 8	190	20	5 x 1,5	3 x 10
V80E	8,0	7 – 12	190	20	5 x 2,5	3 x 16

All types: Adjustable temperature min – max: +40...+110°C. Operating time: 2 – 8 h.
Pre-setting time: 0 – 18 h. Control box: Separate control.

Electronic control boxes

Finntronic® EL-1 and EL-2, C80/1 Combi-Control CS10.5 Super-Control C260 + Power Supply



EL-1 / EL-2



C80/1



CS10.5



C260



Power supply

When wanting to operate the sauna stove from the outside of the sauna cabin, choose a stove with separate control box, which electronically controls the internal temperature of the sauna. The separate control boxes must be installed on the outside of the sauna cabin, in a dry location. The control boxes are approved units. For further details, see adjacent table.

Type	For stoves	Functions	Operating time	Measurements (LxWxH)
EL-1 Separate thermostat included	Finnmini (D23E, D36E) Finnheat (KIP45E-90E) Finnmedio (M45E-90E) Finnroyal (KV45E-80E)	Digital control box - numeric temperature display, max. +125°C - max. set value +110°C	- 4 hours - pre-setting time max. 12 h	220 x 210 x 60 mm
EL-2 Separate thermostat included - 400 V 3 N – On separate request also: - 230 V 1 N – up to 6 kW	Finnstar (T9E, T10.5E) Finnmaxi (K9E-K15E) Exelsior (F10.5E, F15E)	Digital control box - numeric temperature display, max. +125°C - max. set value +110°C	- 4 hours - pre-setting time max. 12 h	220 x 210 x 60 mm
C80/1 for 230 V 1 N – up to 8 kW	Finnmini (D23E, D 36E) Finnheat (KIP45E-80E) Finnmedio (M45E-80E) Finnroyal (KV45E-80E)	Digital control box - numeric temperature display, max.+125°C - max. set value +110°C	- 4 hours - pre-setting time max. 12 h	223 x 250 x 70 mm
CS10.5 Two thermostats included	Finncombi (KV50SE-KV90SE, T7CE, T9CE) Finnmaxi® Combi (K11GS-K15GS)	Digital control box - digital temperature display, max. +125°C - temperature adjustment range +40°C...+110°C - stove control - humidity control RH 10 % – 95 % - combined stove + steamer control	- 4 hours - pre-setting time max. 12 h	223 x 250 x 70 mm
C260 Power supply and 2-step thermostat included. Two versions: up to 22 kW or 34 kW	Finnsuper (L20E-L33E) Exelsior (F16E, F18E)	Digital 2-step, 2-group control box - numeric temperature display, max. +125°C - temperature's range of adjustment +40°C...+110°C	- 6 h, 12 h, 18 h or continuously - in manual operation the stove is on, at half an hour's precision up to 12 h - remote control - week timer function	223 x 250 x 70 mm Power supply 350 x 280 x 110 mm

Finntree

Woodburning stoves Finntree M3 –26

Lagerholm offers you as an alternative to the electric stoves traditional wood-burning sauna stoves. There are six different types to choose from.

The stoves are suitable for 4.5-26 m³ saunas.

A brief presentation of the stoves:

Finntree M3 – New For small saunas with a door of glass to the fireplace.

Finntree 20 Pro – for 8-20 m³ saunas. Cast iron door with glass meaning a visible fireplace. Adjustable feet.

Finntree 20 Pro S – identical to Finntree 20 Pro, but the outer casing is of stainless steel.

Finntree 20 ES Pro – like 20 Pro, but including water container of stainless steel. The container tap can be fitted either to the left or the right hand side of the stove. The capacity of the water container is appr. 20 litres.

Finntree 20 ES Pro S – like Finntree 20 ES Pro, but with outer casing of stainless steel.

Finntree 26 Pro – The woodburning stove for 10-26 m³, i.e. for medium-sized and fairly big saunas.



Finntree M3



Finntree 20 Pro S



Finntree 20 ES Pro S



Finntree 20 ES Pro S

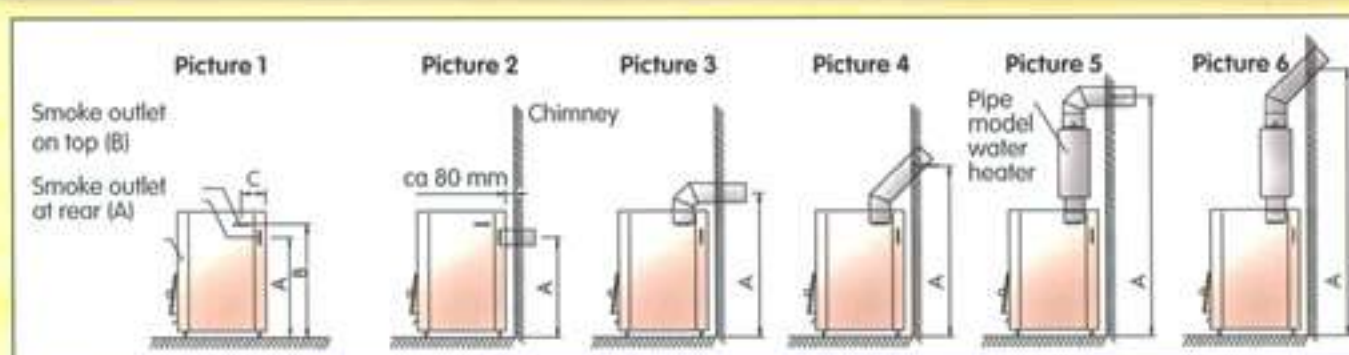


Finntree 26 Pro



Finntree 20 Pro

Stove type	Power	Sauna size min-max.	Dimensions			Weight	Stone space max.	Fire place cover	Dimension of smoked outlet	Dimension of smoked outlet 1 and 2			Alternatives for chimney hole location			
			W	D	H					A	B	C	Pict. 3	Pict. 4	Pict. 5	Pict. 6
Finntree M3	13	4.5-13	390	480	710	45	30	5	115	560	640	120	830	1000	1380	1570
Finntree 20 Pro / Pro S	18	8-20	430	510	760	60	60	10	115	560	670	120	850	980	1410	1540
Finntree 20 ES Pro / Pro S	18	8-20	430	650	760	70	70	10	115	560	670	120	850	980	1410	1540
Finntree 26 Pro	22	10-26	430	510	810	70	70	6	115	690	750	130	930	1070	1490	1630



Chimneys and protective sheaths

This Lagerholm chimney is used mainly together with the wood-burning stoves, but can also be used for other stoves and cauldrons in holiday homes. Since the outer casing and inner tube are made out of stainless steel, the product is durable and maintains its appearance.

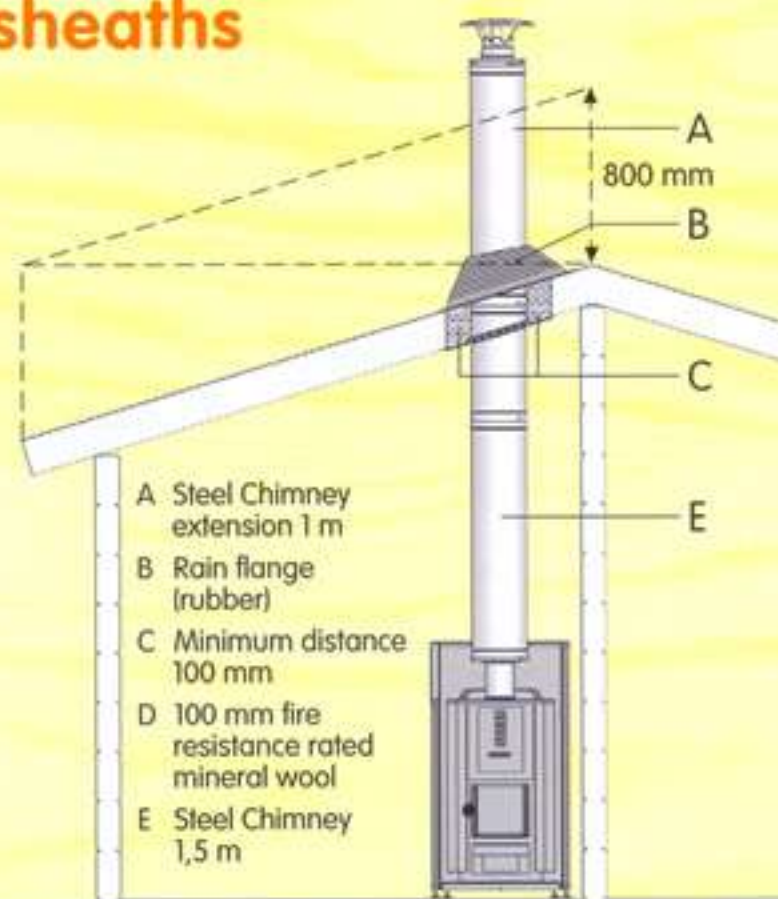
The standard delivery of the steel chimney includes a 1.5 m steel chimney (WHP1500) and a utility box with a rain cap, a rubber rain flange and a lead-trough flange for the ceiling. The package also includes a 1 m long non-isolated smoke pipe. The standard delivery includes all the parts required for a complete chimney solution. Supplementary parts of 0.5 m (WHP500) and 1.0 m (WHP1000) are available as accessories for this stainless steel chimney. The installation height of the steel chimney solution can be up to 5 m.

Smoke and angled pipes are available for all the heater models at separate request.

Lagerholm also provides safe protective sheaths and bedding, which are made of an aluminium-zinc coated steel sheet.

2-layers walls, air space 30 mm, for right- or left-hand use.

A separate bedding for the floor. Easy to install.



ACCESSORIES from Finland



Clothes hook
80255 twig / 2 pcs
80256 with 3 hooks
80257 with 4 hooks



80434 Clock
 for recreation room incl. works,
 hands and batteries



80435 Clock
 With Roman digits, made of birch
 ø 29 cm



80436 Clock
 Made of birch
 ø 29 cm



80455 Sauna-Thermometer
 Wooden casing,
 approx. 135x135 mm

80456 Sauna-Hygrometer
 Wooden casing,
 approx. 135x135 mm



80420 Thermo-/Hygrometer
 Wooden casing,
 approx. 250x130 mm



80415 Sauna-Thermometer
 Wooden casing, drop-shaped

80416 Sauna-Hygrometer
 Wooden casing, drop-shaped

80438 Hour glass
 approx. 15 min. with green text
 and sand



80278 Sauna buckets 4 L
80279 Sauna buckets 7 L
 Handmade of finest polar pine, tied
 with bamboos, bottom sealed with
 silicon. Inside impregnated.



80277 Sauna bucket
 4 L without bottom,
 with inset

80280 Inset
 for 4 L wooden bucket (80277)



80270 Sauna pail
 Handmade, tied with bamboos 12 L



80271 Foot tub
 Handmade, tied with bamboos 17 L



80273 Copper bucket
 4 L wooden handle



80620 Wall stand for Cu-scoop
 wooden with screws

80201 Copper scoop
 length approx. 52 cm.
 Wooden handle

80205/80207 Wooden scoops
 Handmade of birch wood,
 with leather string.



80260 Sauna brushes
 Set of 2 brushes

80261 Sauna brushes
 Set of 4 brushes

80262 Sauna brush



80610 Wooden plate
"Sauna"



80329 Ventilation valve
Wooden. Approx. 140x390 mm



80328 Wooden grill
Approx. 180x200 mm



80322 Air vent
Ø 80 mm



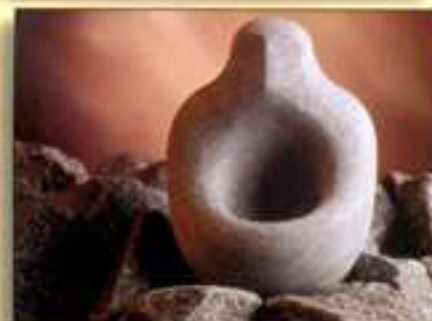
80825 Bottle opener
Wooden handles, opener/cork
80340 Sauna guest book
Wooden cover
80820 Wooden beer mug



80822 Schnapps glasses
of soap stone 4 cl



80433 Sauna bathing towel
with nature motive. Size 70x135 cm,
100 % cotton. Made in Finland



80465 Sauna Spirit
of soap stone.
For your sauna stove



80375 Headrest
of aspen. Approx. 240x200 mm



80374 Headrest
of aspen. Approx. 480x300 mm



80378 Duckboard
approx. 1000x425 mm

80379 Duckboard
approx. 920/520x425 mm



80520 Back support
approx. 180 cm, of aspen

80525 Cover boarding
between benches
approx. 180 cm, of aspen

80363 Pair of door handles
of aspen-wood with under piece of
hard wood.
1 pc with a nose. Screws:

80364 Roller latch



80365 Door handle set
for wooden doors

80366 Door handle set
for glass doors

- External approx. Ø 200 mm of pine, varnished, with a nose
- Internal approx. 140x90 mm of aspen wood
- Magnet latch



80505 Hinges
for glass door with 2 pins/hinge
through the pane.
Approx. 50x120 mm



80460 Wihtori Steam Softener

- Triangular shell of stainless steel, with small holes in the bottom and original small sauna stones
- Install on the sauna stove stones
- Pour water on Wihtori when bathing
- Enjoy pleasant soft sauna air



80450 Saunaheart Air Humidifier

- Special made steam cup with small decorative sauna stones
- Install in sauna stove
- Fill with water
- Enjoy comfortable humid sauna air



Sauna essences 500 ml
80440 Birch
80441 Eucalyptus
80442 Pine
80444 Mint
80445 Tar



80448 Sauna-Honey
 160 ml



80810 Wellness-Set
 Incl. Sauna-Honey, Massage Pellet, Brush-set (2), Birch-Steam-Aromatizer, Sauna essence Tar 500 ml Packed in a gift bag.



80447 Honey-Soap
 90 gr

80446 Honey-Soap
 110 gr



80422 Lampshade
 for light No. 80425 and No. 80426, approx. 300x320 mm, corner model

80426 Sauna light
 VDE-approved up to 60 Watt. Porcelain base, white



80423 Lampshade
 do-it-yourself assembly for light No. 80425

80425 Sauna light
 VDE-approved up to 60 Watt, 250 V



80427 Lampshade
 Wooden, for light No. 80425 or 80426. Corner model



80430 Sauna light
 Incl. shade. Shade made of birch, non treated. Can be installed on a flat wall or in a corner



80750 Sauna-Set
 Contents: Wooden scoop, wooden bucket with inset, clothes hook/4, combined thermo-/hygrometer, hour glass, bathing advice



80449 Tolu Sauna Cleaner
 Disinfective detergent for sauna



80534 Window
 approx. 52x52 cm, 4-pane with cross bars, for Joutsen and garden saunas. Openable.

80535 Window
 approx. 72x52 cm, 6-pane with cross bars for Joutsen and garden saunas. Openable.



80860 Pool
 of 38 mm spruce wood
 Plastic lining
 Approx. 1625 x 1145 mm

80861 Pool
 of 38 mm spruce wood
 Plastic lining
 Approx. 2075 x 1625 mm



80431 Fiberoptic deco-light
 With 16 glass fibres.



80266 Sauna stool
 of pine wood. Height approx. 41 cm



80300 Bathing advice A3,
 2-colour printing with funny trolls. Approx. 420x300 mm

80301 Bathing advice A4,
 4-colour printing, approx. 210x300 mm



80605 SISU Glass element
P10 with cross bars.
Approx. 528x1698 mm

80606 SISU Glass element
P10 with cross bars.
Approx. 708x986 mm



80607 SISU Glass element
P5 without cross bars.
Approx. 268x1698 mm

80608 SISU Glass element
P5 without cross bars.
Approx. 268x986 mm



80507 Door element
45x625x1820 mm pine panels,
safety glass window, without
handles.

80508 Door element
45x625x1820 mm spruce panels,
safety glass window, without door
handles.



80500 Glass door
8 mm glass, bronze-tinted,
wooden frame approx.
697x1916x45 mm, Pane size
approx. 610x1829x8 mm, hinges
with 2 pins/hinge through the
pane. Without door handles.

80501 Glass door
8 mm glass, bronze-tinted,
wooden frame approx.
625x1820x45 mm. Pane size
approx. 535x1735x8 mm. Hinges
with 2 pins/hinge through the
pane. Without door handles.

Light Therapy – The element for colour therapy

Research has shown that the human body responds positively to different lights.

- **Blue** is the colour of truth, calmness and harmony.
- **Green** is the colour of inner peace and balance.
- **Red** is the colour of energy, action and power and
- **Yellow** is the colour of intelligence and understanding.

The Theralux-Element consists of a light-body colour element of 1x50 W or 2x35 W and a control box. The frame of the element is of abachi-wood. The power of the halogen lamps is 50W/12VDC or 2x35 W and the lamps can be alternately lit, either in manual or automatic mode. The intensity of the lamps can be adjusted steplessly. It is recommended for saunas or infrared-cabins, and can also be added afterwards.

Size of the Theralux-Element: width: 47 cm, depth 20,5 cm, height: 100 or 130 cm. The 130 cm long element is suited for the infrared cabins, as this element is installed in a horizontal position in the corner between the roof and wall.



C70 control box for Theralux

Finninfra Infrared cabin – easy to place, easy to use

Finninfra of wood board and metal



The Finninfra cabin, available in one size – for three persons – is made of patented wood board in combination with metal. The straight parts of the cabin walls and the ceiling are wood board, the curved corners are metal. The infrared heaters are integrated into curved corners with a metal surface. The cabin frame and moulding are mahogany.

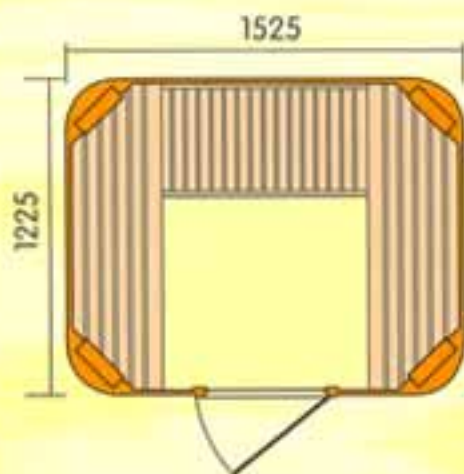
The Finninfra infrared cabin of wood board and metal is supplied with the control IRC.

Infrared heaters: IR400 LUX 400 + 35W - 4 pcs.

Infrared cabin, technical details	
Supply voltage	230 V
Maximum power consumption	1600 W + 140 W (for lamp)
Wavelength area of the radiator	4000 – 4500 nm
Casing material of the radiator	Stainless steel

Finninfra of wood board and metal SG 1613U

(for 3 persons)



Height: 197 cm

The infrared rays in an infrared cabin warm your body where needed. An infrared bath differs from the sauna in that aspect that the body is warmed up by means of the infrared waves instead of by the surrounding air as in the sauna. Please note that you must consult your doctor about any health-related limitation to using infrared cabin. The infrared cabin is assembled from a few light elements in a couple of hours. The placing of an infrared cabin is very easy, because it needs no immediate water source.

Placing nearby a shower is recommended. The cabin requires electricity, of course. The preparation time is short, the infrared cabin is ready to be used after appr. 20 minutes after it has been put on.

The infra wave length of 4000 – 4500 nm is ideal for a safe stay in a Lagerholm Finninfra cabin. With this wave length there are no risks involved and there is no cause for deep-tissue-injury.

The glow on an infrared element is visible when in action, which prevents an unintentional contact with the hot element. An additional light is not necessary as the infrared elements give enough light for the cabin.

The Finninfra cabin works on a plug-in basis, which makes it very easy to enjoy.

Control IRC



(placed inside the cabin)

Loudspeakers, 2 pcs



- waterproof, resistant up to 120°C
- 80 W
- colour: white
- measurement: ø 16 cm



Steam baths

The tropical climate

ROMA 2001 – Steam cabins

A perfect complement to the real sauna, or in itself a perfect way to experience total revitalisation as the Romans or Greeks did.

The cabins are made of 8 mm acrylic sheet with ABS reinforcement, 16 mm thick in seating area. Colour: white. Ventilation is taken care of with an air inlet underneath the door and an adjustable air outlet from the roof.

Every cabin includes all necessary fittings - steam outlets and deflector (quantity depends on cabin size), low voltage light with matt glass globe, adjustable duct vent, base frame made of anodized aluminium profiles, and all other fixings. Cabin insulation, outer wall facing and flooring are not included in delivery.

Installation requirements for a Roma 2001 steam cabins

- The floor must slope to a central drain with a level perimeter (tiled floors have proven to be a good choice).
- Ventilation leading to the outside.
- 3 phase 400 V power requirement.
- Permanent cold water supply, 2 to 5 bar pressure. Water treatment system is required in some hard water areas (highly recommended in commercial use).
- Plant room or free space for the steam generator, at max. 5 m distance from the cabin.
- Steam pipes are not included and should be fitted on site, 22 mm (1/2") standard thread.
- Roma 2001 steam cabin needs to be assembled from outside - at least 60 cm gap all round must be available.



Roma 2001

Type	Width	Depth	Height	Generator + Control box
	in cm, approx.			
R-I	110	110	210	SS-30 + Roma I/II
R-II	210	110	210	SS-47 + Roma I/II
R-III	210	210	210	SS-60 + Roma I/II
R-IV/1	210	210	210	SS-60 + Roma I/II
R-IV/2	210	210	210	SS-60 + Roma I/II
R-IV/3	210	210	210	SS-60 + Roma I/II

Control panel

220x250x80 mm (HxWxD)

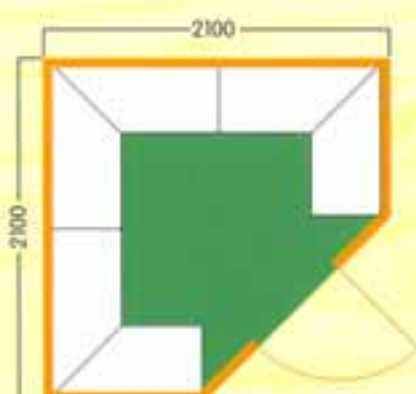
Roma I



Steam control with thermostat and function selector. Adjustable 20..50°C.

Roma II

Steam control with thermostat, timer (120 min.) and function selector. Adjustable 20..50°C.



Steam generator

..SS 30 – ST 140, 3.4 – 14.0 kW

These steam generators have been designed for domestic and commercial use. The water tank is made of corrosion resistant steel and the heating elements are corrosion resistant and protected by thermo-fuses. The generators have water level and dry run protection. The built-in 25 min. timer can be disabled if not needed. Pneumatic remote on/off switch, separate 12 V signal light and some other technical details showing the advanced technology.

The generator is available in all general voltages and phases.



..SS 325 x 185 x 340 mm (HxWxD)
..ST 405 x 200 x 430 mm (HxWxD)

Steam generator

Type	kW	Cabin size (m ³)
..SS-30	3,4	1,5 – 2,5
..SS-47	4,7	2,5 – 5,0
..SS-60	6,0	5,0 – 7,0
..SS-77	7,7	7,0 – 10,0
..ST-90	9,5	10 – 12
..ST-120	12,0	12 – 15
..ST-140	14,0	15 – 18

Wellness to Your Life

